National Crisis Resources

NATIONAL SUICIDE PREVENTION LIFELINE™
1-800-273-TALK (8255)
suicidepreventionlifeline.org

CRISIS TEXT LINE

Text **GOT5** to **741741**
Free, 24/7, Confidential

Para ayuda en español: 888.628.9454

*NOTE: In July 2022, the National Suicide Prevention Lifeline (800-273-TALK [8255]) will be able to be accessed by simply dialing **988**. Stay tuned for forthcoming national announcements!*

Additional Resources

New York City	https://nycwell.cityofnewyork.us/en/ Free, confidential mental health support Call **1-888-NYC-WELL** or Text **"WELL"** to **65173**
Archdiocese of New York	adapp.org/ adapp.org/news/suicide-prevention-information-and-resources/
Archdiocese of New York	archny.org/parents/ archny.org/respect-life/find-support/suicide-depression/
Catholic Charities – Archdiocese of New York	https://catholiccharitiesny.org/find-help Call **1-888-744-7900**
Catholic Charities of Brooklyn/Queens	https://www.ccbq.org/ Call **1-718-722-6001**
National Catholic Partnership on Disability	ncpd.org/ ncpd.org/disabilities-ministries-specific-disabilities-mental-illness/suicide

Know the Signs Materials and Resources

SuicideIsPreventable.org

ElSuicidioEsPrevenible.org