

National Crisis Resources



CRISIS TEXT LINE |

Text **GOT5** to **741741**
Free, 24/7, Confidential

Para ayuda en español: 888.628.9454

*NOTE: In July 2022, the National Suicide Prevention Lifeline (800-273-TALK [8255]) will be able to be accessed by simply dialing **988**. Stay tuned for forthcoming national announcements!*

Additional Resources

New York City	https://nycwell.cityofnewyork.us/en/ Free, confidential mental health support Call 1-888-NYC-WELL or Text "WELL" to 65173
Archdiocese of New York	adapp.org/ adapp.org/news/suicide-prevention-information-and-resources/
Archdiocese of New York	archny.org/parents/ archny.org/respect-life/find-support/suicide-depression/
Catholic Charities – Archdiocese of New York	https://catholiccharitiesny.org/find-help Call 1-888-744-7900
Catholic Charities of Brooklyn/Queens	https://www.ccbq.org/ Call 1-718-722-6001
National Catholic Partnership on Disability	ncpd.org/ ncpd.org/disabilities-ministries-specific-disabilities-mental-illness/suicide

Know the Signs Materials and Resources



SuicidelsPreventable.org



ElSuicidioEsPrevenible.org