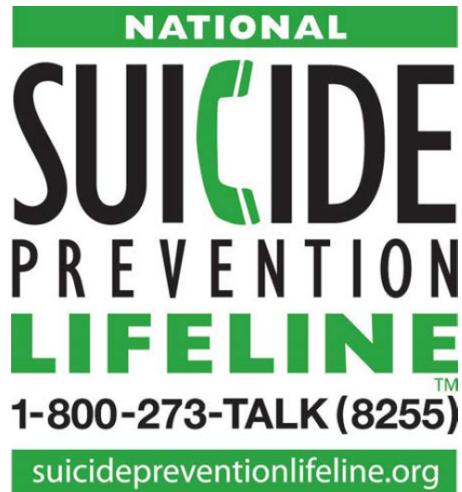


## National Crisis Resources



CRISIS TEXT LINE |

Text GOT5 to 741741  
Free, 24/7, Confidential

Para ayuda en español: 888.628.9454

*NOTE: In July 2022, the National Suicide Prevention Lifeline (800-273-TALK [8255]) will be able to be accessed by simply dialing 988. Stay tuned for forthcoming national announcements!*

## Additional Resources

New York City	<a href="https://nycwell.cityofnewyork.us/en/">https://nycwell.cityofnewyork.us/en/</a> Free, confidential mental health support Call <b>1-888-NYC-WELL</b> or Text "WELL" to <b>65173</b>
Archdiocese of New York	<a href="adapp.org/">adapp.org/</a> <a href="adapp.org/news/suicide-prevention-information-and-resources/">adapp.org/news/suicide-prevention-information-and-resources/</a>
Archdiocese of New York	<a href="archny.org/parents/">archny.org/parents/</a> <a href="archny.org/respect-life/find-support/suicide-depression/">archny.org/respect-life/find-support/suicide-depression/</a>
Catholic Charities – Archdiocese of New York	<a href="https://catholiccharitiesny.org/find-help">https://catholiccharitiesny.org/find-help</a> Call <b>1-888-744-7900</b>
Catholic Charities of Brooklyn/Queens	<a href="https://www.ccbq.org/">https://www.ccbq.org/</a> Call <b>1-718-722-6001</b>
National Catholic Partnership on Disability	<a href="ncpd.org/">ncpd.org/</a> <a href="ncpd.org/disabilities-ministries-specific-disabilities-mental-illness/suicide">ncpd.org/disabilities-ministries-specific-disabilities-mental-illness/suicide</a>

## Know the Signs Materials and Resources



[SuicideIsPreventable.org](http://SuicideIsPreventable.org)

[ElSuicidioEsPrevenible.org](http://ElSuicidioEsPrevenible.org)